

## El Paso County's Wellness Program

## 2022 AETNA Platinum Award Winner

### El Paso County's Wellness Program















**Our Mission** 

To improve the health and wellbeing of County of El Paso employees and their families through targeted disease fighting strategies, education, and activities that support healthy lifestyle changes creating a more productive and engaged workforce while achieving healthcare savings.

### El Paso County's Wellness Program

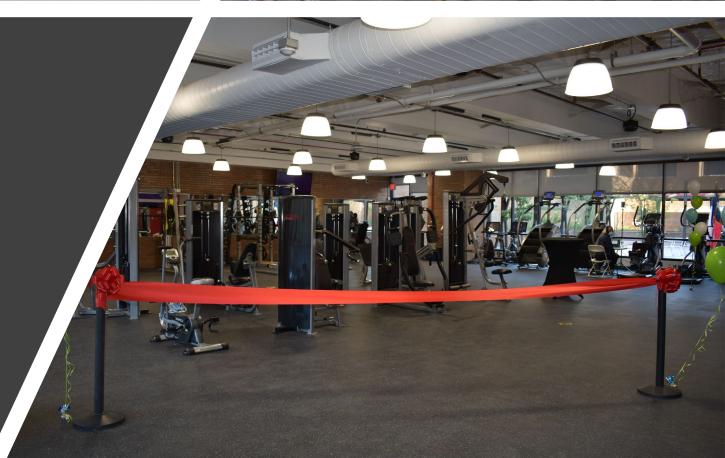
### Range of Strategies

- Fitness and Wellness Center
- Nutrition Education/Coaching
- Wellness Educational Seminars
- Disease Management
- Health Risk Assessment
- Wellness Screenings
- Health Fairs
- Annual Healthy Wellness Visit
- Tobacco/Smoking Cessation
- Interdepartmental Wellness Challenges
- Wellness Ambassador Program
- Incentives based on targeted system
- Nurse Line
- Access to 3rd Party Fitness Centers
- Access to on-site health clinics
- Employee Assistance Program (EAP) Services

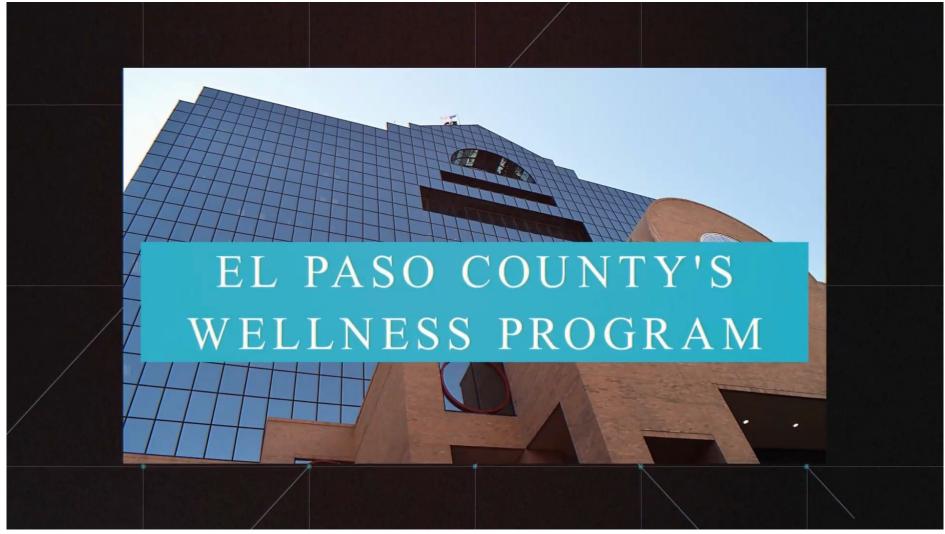




Employee Fitness and Wellness Center









## AETNA Wellness Award Program



Employers apply and complete the award application using data from their most recent 12-month program year.

# About the Award



How we determined your award level

We combined the total points from the multiple choice and open-ended questions to get your total score. Your platinum level award means you're truly leading the way for the health of your employees.



This includes information on their well-being strategy and design, communications and organizational engagement, and program implementation and evaluation.

## Our recognition is based on the evaluation of our well-being program.

- You're one of 92 companies across the nation being recognized for creating a healthier workplace.
- Leading the Way Platinum winners 13
- Your final score was 140 out of 150 total points.
- Your successful achievements
- Established well-being program that has been in place for over 7 years
- Sent well-being interest survey to employee population
- Provided a well-being budget with incentive rewards in place
- Created well-being communication plan with varied methods
- Established relationship and support from vendors and Aetna
- Offered worksite policies to support well-being

### 2022 Highlights

- 92 total winners
- 13 Platinum level winners -NEW
- 42 Gold level winners
- 21 Silver level winners
- 16 Bronze level winners



#### Workplace Well-being Award

**COUNTY OF EL PASO** 

#### Leading the Way

2022 Platinum Winner



is recognized for their commitment to creating a health



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A big thanks to everyone who participated in our well-being program.

We couldn't have won this esteemed award without you. Your commitment to well-being has helped create a healthier, happier place to work



Congratulations El Paso County you have won our top recognition!

Because of your commitment to creating a healthier workplace, kudos are in order. You've won our top award — Leading the Way Platinum level award!