

## EL PASO COUNTY STATE OF TEXAS





**WHEREAS** parks and recreation programs are an integral part of communities throughout this country, including the County of El Paso; and

WHEREAS parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

**WHEREAS** parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

**WHEREAS** parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS parks and recreation is a leading provider of healthy meals, nutrition services and education; and

**WHEREAS** park and recreation programming and education activities, such as out of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

**WHEREAS** our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS the U.S. House of Representatives has designated July as Parks and Recreation Month; and

**WHEREAS** the County recognizes the benefits derived from parks and recreation resources.

**NOW, THEREFORE, BE IT RESOLVED,** by the El Paso County Judge and Commissioners Court that the Month of July 2022 is recognized as:

"Park and Recreation Month in the County of El Paso, Texas"

| SIGNED, this 27 <sup>th</sup> day of June 2022 |                                    |
|--|------------------------------------|
| Commissioner Carlos Leon, Pct. 1               | Commissioner David Stout, Pct. 2   |
| Commissioner Iliana Holguin, Pct. 3            | Commissioner Carl Robinson, Pct. 4 |
| Ricardo A. Samo                                | aniego, County Judge               |