

EXHIBIT 2

Sample Monthly Progress Report



NEUROCOUNSELING
& Consulting Services, PLLC

JUVENILE SEX OFFENDER THERAPY MONTHLY PROGRESS REPORT

Reporting Date: September 2019

Primary Therapist: Michelle Regalado, LCSW, LSOTP

Client Name: John Smith

Supervising Officer: Joe Garcia, Juvenile Probation Dept

Required Monthly Individual Sessions: 1

Required Monthly Family Sessions: 1

Required Monthly Group Sessions: 4

Required Monthly Parent Group: 1

Current Module: Chapter 9: Creating and Following my Relapse Prevention Plan

Summary of Sessions Attended by Youth

Date of Session	Session Type	Attended: Y or N	Assignment Presented/Topics Covered	Violations Reported
09-02-2020	Group	Y	"Lapses and Relapses" - Arrived to session with incomplete homework	None
09-09-2020	Group	Y	"Lapses and Relapses"	Curfew violation – Reported being 45 minutes past curfew when arriving home from soccer practice – reported violation to P.O. Garcia
09-16-2020	Group	Y	"Relapse Prevention Plan" – Revisions needed due to insufficient information	None
09-23-2020	Group	Y	"Relapse Prevention Plan" Revisions	None
09-30-2020	Individual	Y	"High Risk Situations to Avoid at all Costs"	None

Parental Support System

Date of Family Session: 09-06-2020

Attended: Ms. Smith (mother) and Mr. Smith (stepfather)

Summary of session: During September's family session Mr. and Mrs. Smith were informed of John's tendency to arrive to group with incomplete assignments. Mrs. Smith stated she would make an effort to check his homework assignments the night prior to treatment sessions. In regard to John's education, Mr. and Mrs. Smith reported that John has maintained "B's" and "C's". His lowest grade is a 72 in math. John is attending after school tutoring in order to improve his grade in this area. Mr. and Mrs. Smith reported no behavioral issues with John at home and reported he is compliant with his assigned chores of taking out the trash, washing dishes and feeding the family dog. John continues to enjoy his after extracurricular activities (soccer practice) and his parents believe he is making pro-social relationships with his teammates. The curfew violation that was reported by John on 09-09-2020 was reported to have taken place on 09-06-2020 after soccer practice ran late. Mr. and Mrs. Smith and John were asked to devise a "high risk plan" that detail strategies would prevent this violation from occurring again in the future.

Date of Parent Group: 09-24-2020

Attended: Ms. Smith (mother) and Mr. Smith (stepfather)

Summary of Session: Mr. and Mrs. Smith attended their family session and the topic of "Healthy Sexual Relationships" was discussed. They were given the "CREST" worksheet that identified the elements of healthy sexual behavior that John has learned about in treatment. They completed the "CREST" worksheet together and were actively engaged in the group discussion.

Status in Treatment: Intake _____ X _____ Discharge
(Indicate Client's place on treatment continuum)

Summary of Client Progress: (note: check mark placed by all that apply)

- ✓ Verbally participates in treatment sessions
- ✓ Actively engaged in treatment process as evidence by completing assignments and complying with rules of supervision and treatment.
- Failing to make any progress in treatment as evidence by either lack of completion of assignments and/or violation behavior.
 - Intervention and/or action plan to address lack of progress (if applicable):

Youth Needs and Progress Ratings

<i>Treatment Objectives /Needs</i>	<i>Not applicable to current module</i>	<i>No Progress</i>	<i>Minimal Progress</i>	<i>Moderate Progress</i>	<i>Significant Progress</i>
Motivation to Change	X				
Sexual Interests	X				
Victim Impact/Empathy				X	
Attitude/Beliefs					X
Emotion/Impulse Management	X				
Positive Self-Image					
Responsible Behavior					
Family Relationship/Supports				X	
Positive Peer Support				X	

Therapist Comments: John attended a group session on 09-02-2020 and presented “Lapses & Relapses.” Upon presenting, it was discovered Mr. Smith did not complete the homework assignment and was told he would need to complete the remainder of the assignment at home. This month, John’s assignments have reflected his understanding of module goals and objectives. He has participated in group sessions as evidenced by providing constructive feedback to his fellow group members and engaging in healthy group confrontation. John is anticipating taking his module nine module test during the first week of October 2019. Pending the results of his test will determine if he advances to module 10 of the Pathways curriculum.

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